



## Social support tools and resources for use in clinical practice, education and training

### Download resources

#### [CarerHelp Caring in the Country Kit](#)

Direct rural family carers towards information and support services to help them navigate the caring journey through to the end of life



### Implement this guide

#### [IPEPA: End-of-life care for Aboriginal and Torres Strait Islander peoples \(3.4MB pdf\)](#)

Follow this guide to providing culturally appropriate end-of-life care



### Access this resource

#### [GriefLine](#)

Tips for supporting patients and their families through grief, coping with isolation, loss of a loved one and financial loss



### Register for this program

#### [Get dementia support](#)

Connect people to Dementia Australia's range of support programs for carers and people living with dementia



### Explore resources

#### [Head to Health](#)

Easily find and access mental health and wellbeing services by the Government Department of Health and Aged Care



### Download this app

#### [HELP App](#)

Suggest this tool to help coordinate support at the end of life. Developed by Healthy End of Life Program (La Trobe University)

