# Nausea



palliative care knowledge network



# Tools and resources on nausea for use in clinical practice, education and training



#### Fill in this Resource

<u>Symptom Assessment Scale (SAS)</u> (172kb docx)

Assess the patient's anxiety around physical symptoms that bother, worry or cause distress



# **Complete this tool**

<u>Edmonton Symptom Assessment</u> <u>Scale (ESAS) tool (715kb pdf)</u>

Easily assess multiple palliative care symptoms including appetite changes, nausea and depression



## **Download this app**

#### Caresearchgp app

A digital tool for GPs that provides easy access to guidance on palliative care for patients living at home or in residential facilities



# Download this app

#### palliMEDS app

Use this app to familiarise yourself with palliative care medicines, endorsed by the Australian & New Zealand Society of Palliative Medicine



## **Embed this process**

Management of nausea and/or vomiting in the last days of life: Adult (112kb pdf)

Follow this decisional flowchart to identify pharmacological treatments for nausea and vomiting



## **Optimise your learning**

Nausea and vomiting in palliative care: Management

Determine causes of nausea and vomiting symptoms and identify pharmacological treatments for each cause. By Therapeutic Guidelines