# **Appetite problems**

# CARESEARCH®



Tools and resources on appetite problems for use in clinical practice, education and training



### Fill in this resource

<u>Symptom Assessment Scale (SAS)</u> (172kb docx)

Assess the patient's anxiety around their physical symptoms that bother, worry or cause distress



#### Malnutrition Universal Screening Tool (MUST)

Screen adults for risk and severity of malnutrition to inform management guidelines and care plans

<b>↓</b> ↓ ↓	

#### **Complete this tool**

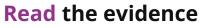
Edmonton Symptom Assessment Scale (ESAS) tool (715kb pdf) Easily assess multiple palliative care symptoms including appetite changes, nausea and depression



## **Optimise your learning**

#### <u>Management of cancer</u> anorexia/cachexia

UpToDate guide to understanding cancer-related anorexia/cachexia and approaches for management



<u>A review of palliative therapies for</u> <u>cancer-associated anorexia</u>

Learn about the causes and therapeutic management strategies in this article by Childs and Jatoi



#### **Explore** case studies

<u>Helping the patient with reduced</u> <u>hydration and nutrition</u>

Approaches to manage and maintain a balanced diet, hydration and nutrition by St Oswald's Hospice, UK