Appetite problems

CARESEARCH®



Tools and resources on appetite problems for use in clinical practice, education and training



Fill in this resource

<u>Symptom Assessment Scale (SAS)</u> (172kb docx)

Assess the patient's anxiety around their physical symptoms that bother, worry or cause distress



Malnutrition Universal Screening Tool (MUST)

Screen adults for risk and severity of malnutrition to inform management guidelines and care plans

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Complete this tool

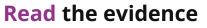
Edmonton Symptom Assessment Scale (ESAS) tool (715kb pdf) Easily assess multiple palliative care symptoms including appetite changes, nausea and depression



Optimise your learning

<u>Management of cancer</u> anorexia/cachexia

UpToDate guide to understanding cancer-related anorexia/cachexia and approaches for management



<u>A review of palliative therapies for</u> <u>cancer-associated anorexia</u>

Learn about the causes and therapeutic management strategies in this article by Childs and Jatoi



Explore case studies

<u>Helping the patient with reduced</u> <u>hydration and nutrition</u>

Approaches to manage and maintain a balanced diet, hydration and nutrition by St Oswald's Hospice, UK